



Day Away for those Living with Malignant Disease

Wednesday May 12, 2010 (9am-4pm)

Every illness has a personal and a spiritual dimension. These dimensions are often unrecognized or ignored by the health care system. The non-medical dimensions of illness are especially important to those with malignant disease and to their family members. To journey into the valley of malignant disease is to experience many polarities of human emotions: hope and despair, courage and hopelessness, joy and sorrow, God's presence and God's absence. Those who journey this path experience all these emotions, as do those who are companions on the same journey.

This day away will provide the environment where one can consider the spiritual aspect of living with malignant disease. The environment will be the peace and natural beauty of the Five Oaks property. There will be opportunities for sharing as well as times of silence and contemplation. Companionship with a spiritual guide will be available.

This day away is designed for both those with malignant disease and for their closest companions.

What is Spiritual Accompaniment?

Spiritual Accompaniment, also known as Spiritual Direction, is the practice of being with people as they attempt to deepen their relationship with the Divine, or to learn and grow in their own personal spirituality. The person seeking direction shares stories of their encounters of the divine, or how they are experiencing spiritual issues. The spiritual guide listens and asks questions to assist the one being guided in their process of reflection and spiritual growth.



Cost: \$60 ~ includes lunch

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